

# RECOGNISING THE SIGNS OF TEETHING

Teething can be a tricky time, particularly for first-time parents who may be unfamiliar with the symptoms. Run through our handy checklist to help recognise the signs:

1. Run a clean finger gently around the inside of your baby's mouth, can you feel a tooth bud at the surface of the gum? Or can you see a tooth pushing through?
2. Does your baby have sore and tender gums and/or flushed cheeks?
3. Is your baby showing signs of excessive dribbling and an urge to chew or bite?
4. If your baby is experiencing diarrhoea or has a temperature or if you detect bleeding of the gums or if you are worried about your baby's symptoms consult your doctor.

**Fact: Did you know?** Teeth start developing while the baby is still in the womb with tooth buds forming in the gums. Some babies are even born with teeth in their mouth!

## Signs of Teething

- ☐ Dribbling
- ☐ Flushed Cheeks
- ☒ Sore Gums
- ☐ Biting
- ☒ Irritability

